

COMPANION/CAREGIVER - EMPLOYER/EMPLOYEE AGREEMENT

Companion/Caregiver Duties

- 1. Meals** - The Companion/Caregiver is completely responsible for the preparation of healthy meals. Companion/Caregiver must abide by special diet that has been prescribed by Employer's Doctor. Gourmet meals will not be required unless specified by the Employer. If the Companion/Caregiver wishes to make meals that are out of the ordinary from what the Employer normally eats, these meals must be approved and be in accordance with the Employer's diet.
- 2. Medication** - Medication, if any, will be administered as requested by the Employer, if competent to do so, or by the appointed Guardian under Doctor's orders and supervision. Any changes to the medication administered must be approved by the Employer and/or the appointed Guardian as well as the prescribing doctors.
- 3. Dressing** - The Companion/Caregiver will be responsible for assisting the Employer to whatever degree needed to dress and undress on a daily basis. The Employer may pick out the clothes or leave that decision to the Companion/Caregiver depending on the condition of the Employer. The Companion/Caregiver will make sure that the Employer is always dressed in clean and appropriate attire for the weather conditions. Most importantly, the Companion/Caregiver will take special care so that the Employer is never too cold or hot.
- 4. Bathroom** - The Companion/Caregiver will be sure that the Employer is always assisted to the bathroom, and in the bathroom, at all times, as necessary. The Companion/Caregiver will change diapers for the Employer and keep the Employer clean as needed.
- 5. Bathing** - The Companion/Caregiver will assist the Employer in the shower or bath as needed. The Companion/Caregiver will never leave the Employer alone in the shower or bath, unless otherwise specified. If the Employer needs a sponge bath, the Companion/Caregiver will provide such on a daily basis, or as requested by Employer or Employer's Guardian.
- 6. Recreation** - The Companion/Caregiver will walk with the Employer on a daily basis so that the Employer gets exercise as needed. The Companion/Caregiver will take the arm of the Employer or walk close enough to the Employer so as to not let the Employer fall. If the Employer is in a wheelchair, the Companion/Caregiver will be sure to stabilize the Employer properly in the wheelchair and assist accordingly.
- 7. Physical Therapy** - The Companion/Caregiver will perform as instructed any physical therapy and massage as prescribed by Doctor to help improve circulation.
- 8. Driving** - The Companion/Caregiver will take the Employer to the following locations as requested and deemed necessary by the Employer and/or Guardian:

 - Grocery Store
 - Doctor's Appointments
 - Park
 - Beauty or Nail Salon
 - Friend's or Relative's Home
 - Theatre /Museum
 - Restaurants

Guardian must clear any place, not listed above, if Employer is not competent to make such decisions.

9. Communication and Behavior - The Companion/Caregiver will at all times be kind, gentle and respectful of the Employer. Dignity and Respect will at all times be given to Employer. At no time, will the Companion/Caregiver utilize force or profanity with the Employer. Any problems that cannot be solved directly with the Employer will be addressed to the Employer's appointed Guardian and/or family members and/or Doctor. Any unusual abnormal behavior noted by the Companion/Caregiver will be communicated immediately to the Employer's appointed Guardian and/or family member and/or appropriate Doctor.

10. Emergency Care - Depending on the state of emergency, Companion/Caregiver will provide CPR if necessary and telephone 911 immediately. The guardian and/or other members of the Employer's family will also be contacted according to "Emergency List" as provided to Companion/Caregiver.

11. Housework - All necessary housework will be performed, unless otherwise specified but always to include the daily making of beds, cleaning of kitchen and general straightening of the house. Garbage must be removed from the house and mail/newspapers brought in daily.

This Agreement is executed by the Employer and Employee at _____ .

On (Date) _____ , _____ .

Employee's Signature (Companion/Caregiver)

Employer's Signature and/or Appointed Guardian